



Coal Route

Manteigas - Trilhos Verdes
www.manteigastrilhosverdes.com

**PR
4
MTG**



Extension: **20** km

Duration: **8 hours** (approx.)

Altitude: between **767** and **1683** meters

Type: **Circular**

Advised direction: **Opposite to clockwise**

BTT: **Yes**



QR Code

For reading, point
your mobile phone
camera and acti-
vate the capture of
the code.

Difficulty: **Hard**





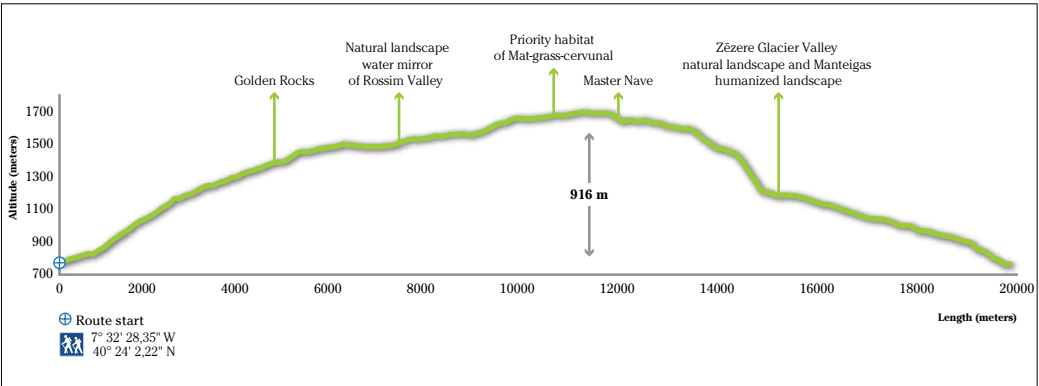
Coal Route

The **Coal Route** tells a part of the history of Manteigas, closely related to grazing, rye and forest. In the area with the higher altitude of the course, beside the use of the natural pastures for the cattle, that is still grazed nowadays, the coal was produced through the burning of heather root, for sale in the village of Manteigas, popularly designed by ember.

The beauty of the natural landscape that the course offers is demonstrated by the presence of Bushes and Scrubs and by Hardwood Forests, in contrast with the natural sculptures conceived by the rocky scarps, as the **Fraga da Cruz** (Cross Fraga) – majestic granitic hillock, the **Fragão do Corvo** (Crow Fragal) and the **Pedras Sobrepostas** (Overlapping Stones).

This course, besides crossing the **Penhas Douradas** (Golden Rocks) – Small mountain village that had its origin in the treatment at altitude of respiratory diseases, you can see the **Nave da Mestra** (Master Ship) – topographic depression that presents a large plan surrounded by a massive granitic very fractured. The privilege of getting to know these sites is complemented by the **Vale das Éguas** (Mares Valley), the water mirror of **Vale Rossim** (Rossim Valley), the **Charca do Perdigueiro** (Pointer Pond), by the incredible panoramic view over the **Vale Glaciar** (Glacier Valley) and for the accumulation of mountains that spreads until Spain.

Relevant points



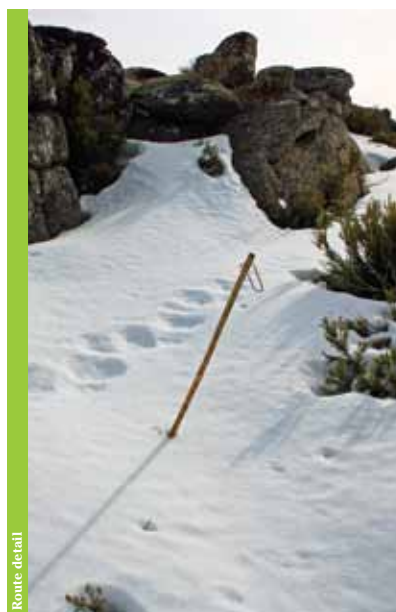
Still in what concerns to the humanized landscape, this course covers the **Observatório Meteorológico das Penhas Douradas** (Golden Rocks Meteorological Observatory), built over more than hundred years ago to monitor weather conditions in the region.

By going through basal storey, intermediate and Upper Mountain, this course presents a huge variety of fauna and flora. The *white willow*, the *buster maple*, the *cervum*, *red comfrey*, *hyacinth fields*, *beech*, *chestnut* and *black oak* make up part of the vegetation set. Enhances the value of the *rowan*, the *juniper* and the *birch*, due to its rarity in Portugal. You can also find the “*Caldoneira*” (thorny shrub of the legume family), which holds the conservation status of the Habitats Directive, its consider to be of communitarian interest.

The range of animal's species is huge and extremely varied. In this area inhabiting the *boar*, the *fox*, the *mole*, the *hedgehog* and the *hare*. As for reptiles, the *lizard* and the *bush lizard* are present. The water lines promote the existence of amphibians like the *iberian frog*, the *green frog* and the *water lizard*. The *kestrel*, the *towers owl* and the *hunter harrier* are the masters of the high skies of the Coal Route. With less postage, we have the *blue merle*, the *rocks merle*, the *black martin* and the *kingfisher*.



Overlapped rock



Route detail



Pond

